

Benefits Orientation Time Stamp Map

Introduction

Making the Most of your Benefits - 1:45

Initial Employee Responsibilities – 2:21

Medical Plans

- 2022 Medical Premium Payments 5:07
- Medical Plan Options 7:26
- Aetna In-Network Services 9:38
- Aetna Out-of-Network Services 11:43
- Aetna Prescription Drug Coverage 12:50
- Kaiser Permanente Plans 14:31
- Kaiser Permanente Prescription Drug Coverage 16:26
- Accolade Advocacy Service 18:09
- Hinge Health Program 19:21
- More Information Medical Plan 20:46

Employee Well-Being Programs – 21:52

REACH – Well-Being Program – 27:01

Dental Plan

- Dental Plan Options 27:53
- 2022 Dental Premium Payments 30:05
- Dental Plan Options Side by Side Comparison 30:38
- Dental Plan Options Side by Comparison Continued 32:32

Vision Plan

- VSP Plan Options 34:40
- 2022 Vision Premium Payments 35:26
- VSP Plan Options In-Network Services 36:22
- VSP Plan Options In-Network Services Continued 37:27
- VSP Plan Options Out-of-Network Services 38:55

Health Care Flexible Spending Account – 39:38

Day Care Assistance Program FSA - 43:08

Optional Insurances – 44:19

- Long-Term Disability Insurance 45:04
- Basic Group Term Life Insurance 46:51
- Supplemental Group Term Life Insurance 49:25
- Accidental Death & Dismemberment Insurance 51:38

Ongoing Employee Responsibilities – 53:07

Things to Remember – 55:12